

Online seminars and workshops

9th April 2021, 12-2pm, with Nicky von Benzon
£40/participant

Helping Parents Communicate Better

As every family mediator knows the breakdown of communication and of trust are frequent causes of parental conflict. The long term success of any arrangements made for children depends on their parents' ability to communicate effectively and establish a sufficient degree of trust. To do this, parents may need to learn new ways of approaching problems, making shared decisions and resolving disagreements.

This seminar will provide an opportunity for family mediators to consider how they can help couples to communicate better, accept differences and co-parent more effectively.

28th April 2021, 12-2pm, with Nicky von Benzon
£40/participant

Mediating in Gender Land

A seminar about mediating with transgender and gender variant adults and children.

Over the last ten years transgender and gender variant people have become more visible. Family mediators may well find themselves mediating with families where one of the participants' gender transition has been a significant factor in the breakdown of their relationship. They may be conducting child inclusive mediation with young people who identify as trans or gender variant. Working empathetically with such families requires an understanding of the issues around gender variance and the emotional and other pressures that they are likely to experience.

The seminar will help family mediators deepen their understanding of transgender issues in a way which will equip them to work more confidentially with transgender adults and their former partners and with trans young people and their families.

In doing this we will consider some of the concepts and language used by trans and gender variant people to understand their gender identity and expression; the medical and social implications of transition for both children, young people and adults, and the emotional and practical pressures which effect trans and gender variant people and their families.

11th June 2021, 12-2pm, with Jan Coulton
£40/participant

Preparing Parents for Child Inclusive Mediation

Separation can create numerous challenges for parents at a time when they are trying to cope with their own emotional breakdown. Many parents feel emotionally battered and drained, day to day life can feel impossible 'it's hard to cope with anyone else's needs even your child's.'

As family mediators we must inform our participants about Child Inclusive Mediation. How should we do this in a sensitive way, manage expectations and prepare parents for Child Inclusive Mediation.

The two-hour course will consider the Family Mediation Council Code of Practice requirements and how to put this into practice.

25th June 2021, 12-2pm, with Macarena Mata
£40/participant

Conflict Management Styles and Human Needs – Understanding Yourself in Conflict

As mediators and conflict resolution practitioners, we know that conflict is a daily occurrence and that the key issue is not whether we have conflict or not, but what we do with it when it happens.

How do you manage conflict? What is your preferred style? What human needs are more significant for you and how does this impact conflict in your life? Can understanding your mediation participants' deeper needs help you to become a better mediator?

We feel safer and develop better practice as professionals by understanding our reactions to conflict. This two-hour workshop will help you discover your preferred conflict management style and why understanding people's needs, as much as your own, is fundamental in our self-reflective journey as a mediator.

Contact:

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