

Family mediation

Family mediation is a process in which an **independent, professional mediator** helps you work out arrangements for children and for finances **following separation**.

Family mediation can also be helpful when arrangements you've made before **need to change**, particularly as your **children grow up**.

Family mediation helps you **keep more control of your family's future**.

Family mediation...

- helps you make arrangements about **parenting, property and money**
- is **less stressful** than going to court
- **saves you money** as it's usually much cheaper than being represented in court
- helps you put your **child's interests** first
- helps you move on quickly to the next stage of your life.

To find a family mediator near you and for information about help with funding, visit:

www.familymediationcouncil.org.uk

Family Mediation Council accreditation is what you must look for when choosing a mediator.